



BEREAVEMENT RESOURCES

	Service	Description
Individual or Family Support	1-1 Meeting with the Hospice House Chaplain	<ul style="list-style-type: none"> • A confidential 1-1 with the chaplain to help match your needs with the most appropriate resource. • Referrals to grief support groups and social groups as well as area grief counselors available as needed.
Monthly Groups	Walking/Social Group: Walking Towards Hope	<ul style="list-style-type: none"> • Ongoing social group to meet others in the same boat. Need not walk to join! • Dinner, movies, coffee, lunch, concerts and much more! • Regular walks every Tuesday, Thursday 7:30am; Saturday 11am • For a current calendar of events see: www.walkinggroup.wildapricot.org
	Women's Lunch Group	<ul style="list-style-type: none"> • A group for bereaved women who have lost their partners. • Meets monthly in the home of a group leader or an area restaurant. • An opportunity to share experiences and to find fellowship.
	Men's Lunch Group	<ul style="list-style-type: none"> • A group for bereaved men who have lost their partners. • Meets monthly at a local restaurant for lunch. • An opportunity to share experiences and find fellowship.
	Bereavement Support Group Workshop	<ul style="list-style-type: none"> • For adults mourning the death of a loved one. • Focused resources on grief and coping provided each session. • Conversation centered on finding meaning in grief. • Registration required. Space is limited.
Peer-Run Support Groups	The Compassionate Friends	<ul style="list-style-type: none"> • A local chapter of an international organization for bereaved parents (or guardians), adult siblings or grandparents who are dealing with the death of a child. • Offers a safe space to learn coping skills and make new friendships. • Meets the 2nd Monday of the month from 7-8:30pm at Hospice House. • Email: wmsburgcompassionatefriends@gmail.com.
	SOSL: Survivors of Suicide Loss Support Group	<ul style="list-style-type: none"> • Peer-run support group for those who have lost a loved one by suicide. • Meets the 1st Thursday of the month from 7-8:30pm at Hospice House. • Email: williamsburgsurvivors@gmail.com.

Seasonal Events	Candlelight Memorial Service	<ul style="list-style-type: none"> • A nondenominational candlelight memorial service offered each November • Honors anyone who has passed away in the Williamsburg community as well as those who have passed away at Hospice House in the last year. • Led by the chaplain
	Celebration of Life Service	<ul style="list-style-type: none"> • A nondenominational memorial service held in April on the patio at Hospice House. • Honors all those who have passed away at Hospice House in the last year as well as those whose loved ones have donated memorial bricks to the patio. • Led by the chaplain.
Other Resources	Lending Library	<ul style="list-style-type: none"> • Books that can be checked out by anyone in the community. • Topics include, but are not limited to: grief, bereavement, death & dying, support group guides, children's books, memoirs, self-help, novels, devotions/daily meditations.
	Hospice House & Support Care Blog	<ul style="list-style-type: none"> • Posts on social hospice, living with grief, Hospice House events & much more! • See: http://williamsburghospice.org/newsletters/hospice-house-blog/

**These services are open to anyone in the community regardless of their previous connection to Hospice House.
 Hospice House & Support Care of Williamsburg offers all of the above services free of charge due to the generosity of the Williamsburg community.

For more information on any of the above mentioned services, please contact:

Chaplain Hannah Creager

Office: 757-253-1220

Voicemail: 757-206-1177

bereavement@williamsburghospice.org



HOSPICE HOUSE
 & Support Care of Williamsburg

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To enhance the quality of living for individuals facing the last phases of life and to support the people they love.

Community-supported since 1982 ♦ United Way partner agency ♦ Virginia Association of Hospices

